

Why is heart disease still the #1 cause of death in adults?

Is it because our healthcare system is mainly designed to treat disease after it occurs instead of preventively? This is certainly one reason. Is it because there is no accurate early detection test for heart disease, and no treatment protocols for reversing arterial plaque? No! Both exist but are grossly under-utilized. MCG is the solution.

With EKGs, echocardiograms, stress tests, ultrasound and angiograms, shouldn't medical professionals be able to detect heart disease early and treat it before it becomes a heart attack or stroke? As it turns out, traditional tests, as needed as they are, are not reducing heart disease from being the #1 killer as they are conducted after symptoms have occurred, mainly to identify and quantify later stage heart disease. Once symptoms appear, heart disease is at an advanced stage which is typically when a Cardiologist is required.

Cardiologists specialize in treating later stage heart disease, once symptoms appear. At this stage, the standard method of care is life-style changes, drugs and surgeries. This stage is past early detection and prevention.

Since it is not the role of Cardiologists to administer preventive care, we rely on functional medicine doctors to implement true preventive care, which means early detection and treatment **before** disease becomes critical. It's much easier, and more effective, to



treat any disease at an early stage than to wait until it becomes advanced.

The only way to reduce and avoid the large number of heart attacks and strokes is to catch heart disease at the earliest possible stage, especially before symptoms occur, such as chest pain, arm pain or shortness of breath.

Additionally, women have different presenting symptoms than men, which makes it more difficult for doctors to detect early. Identifying heart disease early allows for early intervention and prevention,



The Multifunction CardioGram™ (MCG) is an FDA approved early stage heart disease detection test for the entire cardiovascular system, not just a few areas of the heart like many other scans. ***Most importantly, it is the only test that will early identify Microvascular Disease (Small Vessel Disease) which is a major cause of heart attacks and death in women.***

MCG is the affordable, effective and accurate option that should be in every doctor's office. Every adult should get a baseline MCG test to find out the current condition of their entire cardiovascular system.

It is functional medicine doctors who are installing MCG machines to address the needs of their patients by uncovering and treating heart disease before it becomes critical and deadly. ***Early detection and treatment is under-utilized and the only way to remove heart disease from its #1 spot.***

You can find videos, detailed information and MCG locations at: <https://MCGreport.com>

If your primary care provider does not use MCG, ask them to visit our site to consider this valuable addition to their practice.

Next issue:

We will expound on the features, benefits, accuracy and credibility of the Multifunction CardioGram™.