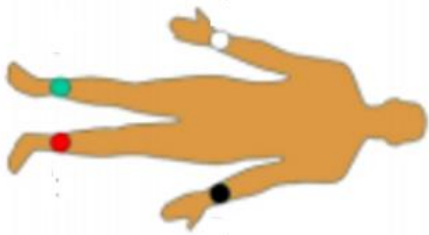


PREPARATION FOR MCG HEART SCAN

- Arrive with an empty bladder or visit the restroom when you arrive for your scan.
- Please reschedule your appointment if you are experiencing and cold or flu symptoms (Sore throat, coughing, sneezing etc.)
- Please do not wear any lotions, oils or creams prior to appointment.
- If possible do not wear pantyhose/tights.
- Wearing loose clothing may make the scan more comfortable and easier for the technician to place the chest lead and arm clamps. *(see figure below)*
- No need to fast prior to appointment.
- Please remove your belt.
- Remove your watch and bracelets. Necklace, earrings and rings are ok to keep on.
- Place your purse/wallet, cell phone, change and any metal pins on shirt in the designated patient belonging area in the room.
- If you are wearing a bra with an underwire, the technician may ask you to loosen hooks prior to scan for placement of the V5 lead under the left breast on ribcage. Your bra will be moved up to not interfere with the lead. You do not have to remove your bra or your shirt for the lead placement. Please keep your shirt on.
- Remove your shoes before getting on the table for the scan. The technician will fold down your socks or compression stockings and fold up your pants or shirt cuffs to place the leads.
- Remember to lie still, try not to talk, breathe normally and most importantly: *RELAX*
- Though it's important to relax, but try not to fall asleep during the scan.
- Your technician will be watching the MCG screen intently during the scans to make sure the tracings are satisfactory for uploading.
- Your technician is unable to give you results or a report as they only see lead tracings. The scan tracings will be uploaded for a report to be generated. The results and final report will be emailed to you by the MCG practitioner within 3-4 days.
- You then have the option of taking the final report to your doctor or scheduling a tele-medicine appointment with the MCG practitioner for any needed treatment. The MCG practitioner will have a separate charge for any tele-medicine appointments.

WHAT TO EXPECT DURING THE MCG HEART SCAN

- The MCG Diagnostic Analysis is comprised of electrical measurements from inside your body. With an alcohol swab, the technician will wipe both wrists, both ankles and place a clamp with an electrode/lead on each wrist and each ankle. A gel/sticky electrode will also be placed at V5 on the left side of your ribcage, under your left breast.



- After the technician places all the leads, you can relax and try not to talk, cough or move during the scan. Try to breathe normally and try not to fall asleep. You may keep your eyes open or closed but try not to look around room as it can cause movement on the scan.
- Once started, the scan will run for 82 seconds for 5 scan tracings, totaling just under 7 minutes (if all the tracings are acceptable, otherwise a scan may be repeated). Once 5 acceptable scans are obtained, the technician will let you know and remove the leads.
- Sometimes the lead and clamps will need to be adjusted while testing is in progress. Please do not be alarmed if the tech needs to reposition the clamps or the lead on chest. This may extend the session.
- The completed scans will be uploaded to the server to generate scan results. Scan results will be sent to the MCG practitioner to generate a final report.
- The scan results and final report will be emailed to you by the MCG practitioner. You can then decide to share the report with your doctor or schedule a tele-medicine appointment directly with the MCG practitioner to discuss findings and treatment options. The MCG practitioner will have a separate charge for any tele-medicine appointments.

American Heart Association
2017 AHA Award

